



## **Powell Staff Favorites**

### **2024-2025**

**Name:** Becky Sheppard

**Department:** Kindergarten

**Birthday:** July 22

**Initials:** BLS

**Candy:** snickers, Lily's (any especially with dark chocolate)

**Beverage:** Water or Hint Fruit infused water, I love water

**Sonic Drink:** Powerade Slushy

**Fast Food:** Chick-fil-A

**Sweet Treat:** any milk or dark chocolate or ice cream or cookies

**Salty Snack:** Chex Mix or popcorn

**Food Allergies:** none

**Color:** blue

**Lotion:** any fruity, vanilla, sweet scents, warm and cozy Pink

**Ways to Relax:** swimming with my kids, movies, Massage Envy, yard work

**Fragrance:** essential oils like citrus, lavender, peppermint

**Flower:** all - I really love plants and flowers! Gardenia's make me sneeze.

**Candle Scent:** any fruity, vanilla, sweet scents, lavender, lilac

**Music:** most all, I always like Christmas music

**Hobbies:** scrapbooking, violin, sleep, collect butterfly stuff

**Sports Team:** Astros

**Store:** Amazon, Walmart, Target

**I don't need anymore:** nothing

**Classroom Wish List:**

[https://www.amazon.com/hz/wishlist/ls/3JW3PPH6XHVFA?ref\\_=wl\\_share](https://www.amazon.com/hz/wishlist/ls/3JW3PPH6XHVFA?ref_=wl_share)

